

COMMUNITY CHILDBIRTH CLASSES

Birth Your Way (Free Class)

actforfamilies.org
actforfamilies@gmail.com
541-833-0017 (call or text)

Blissful Beginnings

<http://blissfulbeginnings.agency/>
541-359-8258

Daisy C.H.A.I.N.

<https://www.daisychainlane.org/>
clientservices@daisychainlane.org

Doulas of Lane County

<https://www.doulasoflanecounty.com/>
Website provides additional resource list of community childbirth teachers.

Insight Doula

Tiffany Grantom;_tiffany@insightdoula.com
<https://insightdoula.com/childbirthclass/>
Childbirth Class & Spinning Babies Class
541-246-4062

INTUITIVE BIRTH

Kari Hagemeyer & Corrinne Nicole
<https://www.facebook.com/intuitivebirtheducation/>
Register: rrpark.org

Jasmine Rose

jasminerosedoula.com
Childbirth Prep Class/Postpartum Prep Class/Family Coaching/Placenta Encapsulation

McKenzie Willamette Medical Center

Vickie: vicand@mckweb.com
Childbirth Prep & Breastfeeding Class
<http://www.mckweb.com/mckenzie-willamette-medical-center/services/mckenzie-willamette-medical-center-prenatal-care-430>
541-741-4649

Eugene Birth Education

Nancy Haight: nancy@eugenebirtheeducation.com
<https://www.facebook.com/EugeneBirthEducation/>
(541) 688-9358

The Best Birth: Childbirth, Baby & CPR Prep (Online Class)

<https://thebestbirth.com/>
bestbirthmc@gmail.com
707-934-5120